





A Guide for 4-H Leaders



Tools for Public Speaking A Guide for Teaching Public Speaking

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This guide is designed to assist 4-H advisors, leaders, helpers, key leaders, and parents in working with 4-H members and helping them develop public speaking skills. It is a companion to the *Tools for Public Speaking* — *A Guide for 4-H Members* which is available from the Ohio State University Extension office in your county. You need to be familiar with the contents of the member guide in order to use this leader guide effectively.

The member guide covers nine tools that a 4-H'er would use in putting together a talk or presentation. To complement the member guide, this publication provides hands-on activities connected with each tool. By leading these activities at club meetings or at special work sessions, you can help 4-H'ers gain public-speaking skills and feel more at ease when involved in public speaking.



The tools covered in this guide are:

- **Tool 1:** Determinine Your Present Skill Level
 - Tool 2: Know Your Subject
- ▼ Tool 3: Know Your Audience
- **Tool 4:** Be Creative
 - **Tool 5:** Organize Your Information
- ▼ **Tool 6:** Deliver Your Talk
- **Tool 7:** Take Charge of Your Appearance
- **Tool 8:** Use Props, Equipment, and Visuals
- ▼ **Tool 9:** Put It All Together

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► Tool #1:

Determine Your Present Skill Level

Overview

The first step in helping young people improve their public-speaking skills is to help them assess their current ability. This assessment includes helping them recognize:

- What their comfort level is in speaking to groups.
- What situations determine that comfort level.
- What past experiences they have had in public speaking and how they view those experiences.
- What skills and abilities they would like to develop in public speaking.

- ▼ With these goals in mind, use the following activity related to Tool 1.
- Activity · "Where Am I in Public Speaking?"
- ▼ Make photocopies of the worksheet "Where Am I in Public Speaking?" in this publication.
- ▼ Distribute the copies along with pencils to your members and have each member write down
- his or her answers to the worksheet questions. (Allow 5–10 minutes for them to work individ-
- ually.) Then have members share and discuss their answers to each question.
- Some of the common answers to the *Assessing Fear* question include:
 - I'll forget what to say. My mind will go blank.
 - Everyone will see my knees/hands shake.
 - I'm going to sound stupid/look stupid.
 - People won't take me/my presentation seriously.
 - I don't really know what I'm talking about.

- Somebody will ask me a question, and I won't know the answer.
- I'll look or sound disorganized.
- People will hear my voice quaver.
- I'll fail. (I won't get elected. I won't pass this speech class. And so on.)
- I'll break out in a sweat.
- My face will turn red.
- People in the audience know more about this topic than I do.
- I'll make a bad impression.
- Listening to me is boring.
- I'm ugly (or my clothes are ugly), and everyone will be looking at me.
- I can't stand being the center of attention.
- I can't stand being compared to others.

As the members share their answers on why they're afraid of public speaking, write the list on a large sheet of paper or chalk board if one is available.

Thinking It Through

Help the members realize that many people fear public speaking for the same reasons that they have mentioned. Members can reduce their fear of public speaking by learning how to put together a talk, by enhancing delivery skills, practicing, and then doing it!

Optional

Have the group discuss these additional questions:

- What are some situations where you have
- to do public speaking now?In what careers and in what situations
- might public speaking be important to you as an adult?

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Where Am I in Public Speaking?

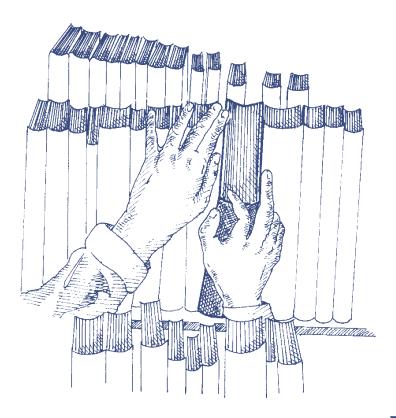


Public Speaking Self-Survey

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For what reasons have I been scared to speak in publ	lic? (Whether you actually spoke or not.)
1.	
2.	
3.	
4.	
B. Past Experiences	
Answer "Yes" or "No" for each of the situations liste "I feel comfortable speaking to"	ed here.
my 4-H club.	my senator about bicycle helmet laws.
classmates in school.	friends about vacation photos.
my team coach.	my parents about rules of the house.
my teacher about a bad grade.	roll call for a committee.
a neighbor about buying a fund-raising item.	the principal about a 4-H week promotion.
a friend's parents at a slumber party.	my club to discuss a motion.
my club giving a demonstration.	a new student at school.
a friend about joining 4-H.	
•	
C. Learning From An Admired Public Speaker	
If I could have public speaking skills like those of an have skills like	nyone in the world (past or present), I'd like to
The things I admire most about the above-named per	rson's speaking skills are

How do you think this person became a good public speaker?					
D. Public Speaking Goals I Will Set For Myself					
This year I will					
A year from now I want to be able to					
Ten years from now I want to be able to					



► Tool #2: Know Your Subject

Overview

One of the first decisions about any talk is deciding what the topic will be and its purpose for the audience. The purpose can be to inform, persuade, instruct, entertain, or inspire the audience. The following activities will help members select a topic, decide on the talk's purpose, and learn more about their topic.

Activity One · Selecting a Health or Safety Talk Topic

Brainstorm five health and safety topics of interest to your family or community. To narrow these topics down to one, answer these questions about each topic.

- Would I like to learn more about this topic?
- Could I get adequate local statistics and current information about this topic?

- Is this topic related to an event (example) in my community?
- Would this topic be of interest to others?
- Will my audience benefit from learning more about this topic?
- Can I think of ways this topic will show (reflect) the audience's knowledge and experience?

Activity Two · How Will My Talk Affect an Audience?

Knowing how a talk will affect an audience will help the speaker plan his or her talk. A talk can inform, persuade, instruct, entertain, or inspire. Some talks do several of those things with an audience.

Example: A demonstration on how to show livestock.

- Inform the audience on the latest techniques of showing.
- Persuade an audience of young 4-H'ers to take the project in 4-H next year.
- Instruct the audience on step-by-step showing procedures.
 - Entertain a 4-H audience by illustrating what "not to do" in showmanship.
 - Inspire a 4-H audience to work hard in preparation for fair competition.
- ▼ For each type of presentation listed here, select one or more of the topics given here and have
- members identify how a speaker could affect the audience with the goal to inform, persuade,
- instruct, entertain, or inspire.

, Health and Safety Talk

- Seat Belts
- Smoking
 - Fire Safety

Demonstration

- Sanding Wood
 - Making Yeast Breads
- Shearing Sheep

- Building a Model Rocket
- Dressing for a Horse Show
- Snapping a Good Photo
- · Assembling a First Aid Kit

General or Promotional Presentation

- Why Join 4-H
- 4-H Camp
- Teaching Recreation

Activity Three · Developing a List of Resources

Learning a variety of places to find information can make putting a speech together much easier. Make a list of all the places where resource information can be secured. Here are a few examples to start the list:

Extension Office
School or public library
Law enforcement agencies
Health department
Chamber of commerce
Teachers
People employed in a related field of work
Attorneys

▼ Thinking It Through

- ▼ Did you decide on a topic that will interest both you and the audience? Did you decide
- what type of approach (inform, persuade, instruct, entertain, or inspire) was needed to keep
- ▼ your audience interested? Have you thought about a variety of resources which could be
- ▼ contacted for added information? You're ready to move on!

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► Tool #3: Know Your Audience

Overview

Knowing information about the audience is very important if a speaker is going to get the message across. Before preparing a talk, a speaker needs to know as much as possible about the potential audience in order to develop and deliver a talk that will be of interest and importance to that audience. Members can get to know their audience better by working through the following activities.

Activity One · The Audience—So What?

Have members identify reasons why they think it's important to know information about the audience to whom they will speak. Here are several possible reasons:

- To make the talk meaningful/interesting for the audience.
- To present the talk using an appropriate method.
- To tailor the talk to the right age level.
- To know whether you're talking to 10 people or 100 people.

Activity Two · Who's Out There?

Have members make a list of things they think a speaker should know about the audience and the context in which their talk will be given. This list might include some of the following:

- What ages are in the audience?
- Will there be both males and females in the audience?
- How knowledgeable is the audience about the topic?
- Where will the talk be given? (outside in a park, in the gym, in a meeting room)



• How will the room be arranged?

- Why is this presentation needed by the audience?
- Why will it be of interest to them?
 - How will the audience be feeling? (relaxed, energetic, tired, hostile?)
 - How many people will be in the audience?
- What is the speaker hoping to accomplish through this talk to this audience?

▼ Activity Three · Audience Case Studies

Three different audience scenarios for some

- type of public speaking presentation are presented here. Read the scenarios to your 4-H
- ▼ group. For each scenario, have members answer the questions in Activity Two (presented
- ▼ earlier), plus any other questions the group wants to develop.
 - You have been asked to give a 10-minute talk about 4-H to a group of parents in a city neighborhood where there are no 4-H clubs. The parents have invited you to come to the community room in the library

at 7:30 p.m. on a Thursday night to give your talk. They will be seated at tables, and you can expect approximately 100 parents to attend.

- A local senior citizens home has asked your 4-H club to send several members to tell the 25 residents about 4-H. Many of these residents remember being in 4-H as a child. The presentation will be given in the activity room, which has chairs around the walls, and lots of floor space in the middle. Many of the residents are hearing- or sight-impaired. The residents always love to have young people visit.
- You and a friend won the county health and safety speaking contest with your speech on fire safety. Now you have been invited to attend the annual firefighter's fall dinner, for all the volunteer firefighters in the local fire department, and give your speech. You will give your talk immediately following dinner in the banquet room of a small restaurant. There will be approximately 25 firefighters attending.

Thinking It Through

State again how important it is to know as much as possible about the audience to whom a talk will be given. Knowing the audience will help a

- speaker decide whether to present information at a beginning or a more advanced level. Know-
- ▼ ing the audience can affect the visuals chosen for a talk. The audience's background and
- ▼ knowledge also can affect the degree to which a speaker involves the audience in order to keep
- ▼ them interested. Speakers need to put themselves in the shoes of the people who will be
- ▼ listening to their talk—and then plan their talk in a way that will arouse and keep the interest of the audience.

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► Tool #4: Be Creative

Overview

What can be done to make an audience listen to an entire talk? Using the right amount and blend of creativity can get the audience "hooked" into the talk and keep them interested until the last words are said. Creativity can also include blending in a variety of speaking styles and delivery methods. Practice building creativity through participation in the following activities.

Activity One · Name That Title

Ask each participant to think of a topic for a demonstration. An example would be Peanut Butter Cookies. Have the group brainstorm as many different words as possible for one or more words of the topic.

Examples: cookies = yum-yums, chewies, patties, yummy bites, delights, criss-crosses

A "colorful" word—one that brings a mental picture to the listener or audience—can be placed in the title. Peanut Butter Cookies is a nice complete title, but "Peanut Butter Yum-Yums" tempts the audience's taste buds, makes the audience really hungry, and gets listeners excited to hear—and see—more.

Activity Two · What's in the Bag?

Select a variety of different items that can be described with one or more of the body's senses.

Examples: marbles

candy bar

pencil sharpener

orange

bar of soap

key chain

brush or comb

whistle

▼ folding umbrella

- ▼ Put each item in a separate bag so items are not visible to the group. Ask a member to select a
- ▼ bag and describe the item (unseen by the audience) using their creative talents. They can use
- ▼ gestures, descriptive words and sounds, but they cannot actually say the name of the item.
- ▼ The audience has the opportunity to guess the name of the unseen object.
- Activity Three · Building a Better Paper Airplane
- Ask someone to be a recorder. The rest of the
- group should brainstorm for five minutes on this topic: "How could we design a paper air-
- plane for longer flight and smoother landing?"
 Before starting, tell the group to follow these guidelines:
 - Be original, different, unique.
 - Try to gather as many ideas as possible.

- Try to build/elaborate on other people's ideas.
- Don't make judgments about anyone's responses.

After five minutes, ask the participants if more ideas would be recorded if this exercise was done individually or by a group working together. Why? What individuals could be asked for creative ideas to help a 4-H member doing a demonstration or health and safety talk?

Thinking It Through

Some people are more creative than others. If a person is not creative, then this person needs to seek assistance from someone who is more creative. Creativity helps to catch and keep the attention of the audience. It can be the difference between just "a" talk and making it "your" talk.

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► Tool #5: Organize Your Information

Overview

Any good presentation has three basic parts:

- An introduction that captures the audience's attention and tells them what the talk will cover.
- The **body**, which is the core of the presentation.
- A summary/closing that reviews the main points, tells the audience what action the speaker wants them to take, and relates back to the introduction.

A talk should flow from one part to the next. Points or steps within the body should be covered in logical order with smooth transitions from one point to another.

Activity One · Getting Attention (Introduction)

It is important to get the audience's attention quickly in the introduction of a talk. Here are four examples of ways to do that:

- Yell "Fire in the kitchen!"
- Question "Have you ever thought about how airplanes fly?"
- Quote Shakespeare once said,
 "To be or not to be, that is the question."
- Surprising Fact "Vehicular accidents are the No. 1 killer of youth ages 16 to 20."

Three other ways to attract the audience's attention are:

- Telling a joke or funny story.
- Relating a personal experience.
 - Showing an unusual object.

Of course, these methods need to relate to the

- ▼ topic of the talk. Jokes should be selected cautiously. A speaker will lose the audience for
- ▼ good if he or she uses an opening joke that offends some of the audience.
- Share these examples with club members. If
- possible, list the seven methods of getting attention on a large sheet of paper so they are visible during the next step of this activity.
 - Divide club members into small groups and assign each group a broad topic for a talk. (Possible topics are listed here.) Instruct each group
- to come up with as many examples of different ways to introduce that topic as they can using
- the seven methods introduced earlier. Have each group share their ideas.
 - Bicycle safety
- Building wooden book ends
 - · Making an angel food cake
- Planting a garden

Activity Two · Teaching (Body)

- ▼ Each day of our lives we go through a learning and teaching process. Some of the skills that we
- ▼ have perfected may be shared with others.
 Sometimes we teach just in our casual conversa-
- ▼ tions with a friend. Other times our teaching is in front of a group. A lesson to learn in teaching
- ▼ is to give adequate and complete directions.
 Also, the information needs to be delivered in a
- logical order or flow. If an important step or point is missed, then the audience's understanding of the overall presentation may be lessened.
- Write the activities listed here on slips of paper and put them in an envelope. (You can add to

these activities.) Have members draw a slip and "teach" the group to do the activity. Give the members who are "teaching" a few minutes to prepare so they can think through the steps they need to teach.

- Tie a shoe
- Wash windows
- Sharpen a pencil
- Wash the car
- · Brush your teeth
- Wrap a gift
- Open a can with a can opener

Activity Three · Making a Peanut Butter Sandwich (Putting the Presentation Together)

Give each member paper and a pencil. Have each member write a step-by-step description of how to make a peanut butter sandwich. Give the following instructions:

"Write down everything that someone has to do to make a peanut butter sandwich from start to finish. Include everything from the time you take the needed ingredients out of the cupboard or refrigerator until you eat the sandwich. The purpose is to teach someone who has never made a sandwich. Remember to include an introduction, the body with all the main points you want to share, a summary of the main points, and a closing to encourage the audience to action."

After members have finished writing (without talking to each other), ask for two volunteers to do a demonstration in front of the group. Have a loaf of bread, a jar of peanut butter, a jar of jelly, butter, a knife, and a plate ready on a tray. (All of these items may or may not be used, depending on how the directions were written by the 4-H'er.)

Ask one member to demonstrate while the other member (with back turned to partner) reads his or her directions for making a sandwich one step at a time. The member who is demonstrat-

- ▼ ing should tell the reader when he or she is ready to proceed to the next step. The member
- ▼ who is demonstrating should not do or say anything that is not written in the directions. For ex-
- ample, if no instruction was given to take the bread slices out of the plastic wrapper, the dem-
- onstrating member may just put the peanut butter on the outside of the bread package. If the in-
- ▼ struction given is to "Put the peanut butter on the bread" and no mention of using a knife is
- made, the demonstrator may just put it on with his or her fingers! NOTE: Before starting this
- activity, the demonstrating member should be taken aside and told to do only what is given through the other member's instructions.
- When the demonstration is completed, have the group discuss what, if anything, was left out.
- Make the point that in a talk or demonstration, it is important to cover information in a logical sequence, present steps in the proper order, and
- be complete.

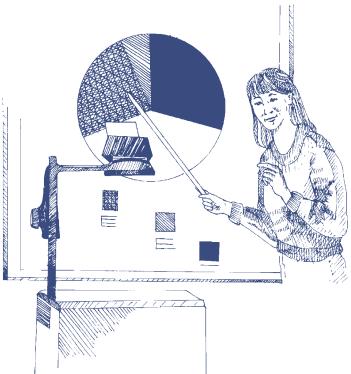
Thinking It Through

- Have members review the three sections of a talk and the methods that can be used to get the
- ▼ audience's attention in the introduction.

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► Tool #6: Deliver Your Talk

Overview

Putting a talk together is like a recipe. "Mix" the ingredients (subject, information). "Cream" in creativity and "spread" the talk into the introduction, body, and summary/closing. Then "ice" the talk with the right mix of verbal and nonverbal communication skills. Try one or more of the following activities to strengthen these skills.

Activity One · Non-Verbal Messages

Have each member use various parts of the body to show these emotions through nonverbal forms of communication:

- Enthusiasm using eyes
- Anger using fingers
- Shyness using legs
- Disgust using arms
- Happiness using the whole body
- Nervousness using face

▼ Activity Two · Pitching the Ball

Ask two volunteers to stand 10 feet apart and pass a small ball back and forth. The audience

▼ should be instructed to follow the movement of the ball. Explain that just as the ball moves

▼ from one side of the room to another so should a speaker's eyes. The speaker needs to make

eye contact with people in all parts of the room. This contact ensures the speaker that the audience is paying attention or understanding

audience is paying attention or understanding the information being presented. Changes in audience behavior or understanding of the

messages can be seen by the speaker when eye contact is maintained. The audience also bene-

fits because they know the speaker is talking to them and not to the note cards, podium, wall,

or ceiling.

_ Optional

If space permits, have the two volunteers stand farther apart. This distance represents

an audience in a larger room. How does this situation affect the speaker's eye contact with

the audience?

Activity Three · You Said It

The way a person says a sentence can give it

many different meanings. Although the verbal content is the same each time (the same words are used), the meaning can be altered by the

nonverbal content of the message—voice volume, emphasis, inflection, facial expression,

gestures, and so on.

▼ Have the members say the following sentence together: "Bring me the ball."

together: "Bring me the ball."
▼

 Have the members repeat the sentence four times, each time putting emphasis (through nonverbal effects) on a different word in the sentence. Discuss how the meaning of

the sentence changed each time.

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- Have the members say the sentence and use nonverbal effects in such a way as to convey:
 - Surprise
 - Anger
 - A question
 - A command

Activity Four · Imitate Commercials

During a normal conversation, a speaker's voice may fluctuate through more than an octave of notes. Most people don't notice this because when we're speaking, we don't hold the notes like we do if singing a song. When speaking our voice slides quickly through its "music" with changes in the pitch or tone of our voice.

When speaking, the wider the range of voice fluctuation, the better. Have you ever tried to listen to a monotone speaker? B-O-R-I-N-G!!! Voice tones are part of the nonverbal skills used in public speaking.

Have members do this simple activity. With their mouths closed, have them say the sentence, "Do you really think this will work?" Have them say it in a monotone (with mouths closed) and then say it with different voice fluctuations or pitches throughout the sentence (still with mouths closed). Have them hum it.

Some of the best voice musicians are news broadcasters and announcers who make commercials. They can make a hum-drum product sound pretty exciting or set you on the edge with their news story coverage! If possible, tape a couple of radio commercials prior to the meeting and play them while 4-H members listen.

Now, have several members volunteer to imitate a radio announcer giving the weather or a commercial. Several scripts are presented here.

- Have members use these statements to practice speaking with a wide range of "voice music."
- ▼ Say these with real feeling and conviction!
 - "This is a bargain you absolutely cannot afford to pass up! Everything—that's right, everything—is 50% off!"
 - "We will not give up! We are going to fight this! And we are going to win!"
 - "The weather today will be sunny and clear. Not a cloud in the sky. What a beautiful day for enjoying our beautiful metroparks!"

Thinking It Through

- People cannot always hear and/or understand the speaker's conversation, but often they can
- see the reactions and the gestures the speaker shows. Nonverbal communication also lets
- others know the speaker's feelings, which may sometimes be a more true message than the spoken words. Some people may get a differ-
- ent message from a speaker's nonverbal communication than the spoken word.

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► Tool #7: Take Charge of Your Appearance

Overview

First impressions and the overall appearance of a speaker are important. An audience often forms an impression of a speaker before any words are spoken. A number of things contribute to the appearance of a speaker including grooming, style and fit of clothing, posture, facial expression, and appearance of confidence. Another aspect of appearance is the appropriateness of the speaker's clothing for the topic, the audience, and the situation where the talk is being given.

Activity One · First Impressions

Show 4-H members how quickly we form opinions of people based on what they look like. Hang up at least 20 photos of people from magazines. Include photos of all kinds of people—white, black, Hispanic, Asian, young, old, small frame, large frame, wealthy, poor, attractive, and so on. Give members five minutes to study the photos.

Next, in small groups, have members discuss the following questions, identifying their choices from the photographs of people.

- Which person would you select as a role model in your life?
- Which five people would you want to travel with for a year?
- Is there one person you wouldn't want anything to do with? Why?
- Who, if anyone, would you choose for a good friend?
- Which person do you think would be the best public speaker? Why?

Activity Two · What's Wrong With This Picture?

Have members evaluate the appearance of a

- ▼ 4-H'er who is just ready to participate in a public-speaking activity. Prior to beginning
- ▼ this activity, help a 4-H'er create an inappropriate appearance. Have the 4-H'er enter the
- ▼ room and then read the scenario given here so that other members can judge the appropriate-
- ▼ ness of this 4-H member's appearance. Ask other members what they think this speaker
- ▼ should change about his or her appearance.
- ▼ Note: As the leader of this activity DO NOT allow this activity to become personal. The
- ▼ group should not get into criticism that the
 4-H speaker is too fat, too tall, ugly, knock
 _ kneed, etc.

Scenario

"This 4-H'er will be competing in the County
4-H Demonstration Contest. The demonstration will be on repotting house plants."

Suggestions for Creating an Inappropriate Appearance

- Baseball cap on head
 - No shop apron to protect clothes
- Long dangling earrings that attract attention
 - Very wrinkled shirt or blouse
- Gum in mouth
 - A t-shirt with advertising on it
- Uncombed hair
 - Bright colored nail polish
- Hem coming unsewn in a shirt or dress
 - Dirty clothes
- Slouched posture
 - Shirt partially untucked from pants

▼ Thinking It Through

In conclusion, review this list of appearance

- ▼ boosters for a public speaker:
- ▼ Body is clean.
 - Clothes are clean.

- Appearance is neat.
- Nails are clean and suitably manicured.
- Hair is clean, neat, and suitably styled.
- Make-up is appropriate.
- Posture is good.
- Poise is evident.
- Movements are easy and smooth as the speaker walks, sits, stands.
- Expression is pleasant.
- Positive presentation of self is made; speaker shows confidence.

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► Tool #8: Use Props, Equipment, and Visuals

Overview

Posters, charts, props, and equipment can help the audience understand the message the speaker is giving. However, if incorrectly used, such items may detract from a talk instead of enhancing it.

Activity One · Making a List and Checking It Twice

Have members brainstorm all the equipment and props they would need in order to demonstrate how to make chocolate chip cookies. Write the items on a large sheet of paper or a chalkboard as members name them. As the items are listed, make comments about the best type of equipment to use for a foods demonstration.

Props that the group may identify:

Mixing bowl—A clear glass bowl is best so the audience can see the ingredients in the bowl.

Mixing spoon

Rubber scraper

Measuring cups—both liquid- and dry-ingredient cups; explain the difference

Knife with a flat edge to level the dry ingredients in the measuring cup

Measuring spoons

Small bowl to crack egg into before putting it into the mixing bowl (so if you get broken eggshell in with the egg, it can be removed before adding the egg to the rest of the ingredients in the bowl)

Wet sponge/dishcloth to wipe up spills

Baking sheet

Apron to wear to protect clothes



Ingredients for cookies—If possible, put the ingredients in generic containers so that the demonstrator is not advertising name brands.

- ▼ Trays on which to organize utensils and ingredients
- Plate of finished cookies to show at the end of the demonstration
- Poster with the recipe
- Suggest to members that, when practicing for a demonstration contest, it is a good idea to
- make a list of all the equipment that is needed for the presentation. This provides a checklist
- when packing for the demonstration contest so nothing is forgotten at home!

Activity Two · Posters—The Good, The Bad, and The Ugly

- Prior to the meeting make several sample posters. This is a task that could be given to several
- older 4-H members. The posters should illustrate the right way and the wrong way to de-
- sign visuals to use with a talk. Include as many as possible of the following poor poster tech-
- niques in these sample posters.

Poor Poster Design Techniques

• Lettering on the poster goes "uphill" or "downhill"

- Letters are too small to be seen from a distance
- Diagram that is too complicated and difficult to see from a distance
- Some lettering in yellow or light pink on a white posterboard (poor contrast)
- Too much information included on the poster, making it difficult to read
- Fancy or script lettering that is difficult to read

Have members identify the good features and the bad features of the sample posters in Activity Two.

Activity Three · Lettering Size and Contrast

Prior to the meeting, secure or make the following materials:

- Construction paper in a variety of colors
- One-inch strips of construction paper in a variety of colors
- One white poster with "To Make The Best Better" printed with a black marker on four different lines.
 - One line with 3" high letters; one line 2" high; one line 1" high; and one line ½" high.
- A measuring tape or yardstick

Color Contrast

As you hold the colored strips of paper against larger sheets of varying colors, have members identify the best color contrasts.

Examples of good color contrast include:

Black and white

Black and yellow

Red and white

Light and very dark colors

Examples of poor color contrast include:

Blue and green

Yellow and white

Brown and dark green

Dark colors with other dark colors

Lettering Size

Now hold up the white poster with different

- sizes of lettering. Ask members to stand at increasing distances from the poster and tell
- ▼ you which lines of print they can read. Measure the average distance from which each
- ▼ line can be read.
- ▼ Here are several letter sizes and their effective viewing distances:

½ inch letters 16 feet

▼ 1 inch letters...... 32 feet

2 inch letters...... 64 feet

Graphic artists also recommend that small case letters are easier to read than all capital letters.

Use capitals only for emphasizing an important word or phrase or to give variety.

Thinking It Through

- Review the information covered on props, equipment, and visuals by having each 4-H'er stand up and give one guideline that they
- learned from these activities.

Optional

- Provide the materials and have members make a "Join 4-H" poster using what they have
- learned about good and bad poster characteristics. Put these posters up in the community
- ▼ during 4-H week.

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- disability or Vietnam-era veteran status.

► Tool #9: Put It All Together



Overview

Putting a talk together may seem like a long and difficult task for the beginner. There is hope! With practice, blending the nine tools of public speaking makes it become easier and more fun. Try these activities to make public speaking "come together."

Activity One · Scavenger Hunt: Finding All the Boo-boo's

Ask two older youths (or other adult volunteers or parents) to prepare a short talk. This pair should be told to make several mistakes, including pronunciation, grammar, step-by-step procedures, and/or behavior.

Examples of Mistakes

Pronunciation—Pronouncing Illinois with an "s" sound on the end.

Grammar—"We seen it on TV."

(Should be: "We saw it on TV.")

Step-by-Step Procedures—Not having hair tied back before beginning foods demonstration.

Behavior—Licking fingers; taking a finger swipe of cookie dough for a taste.

- ▼ A demonstration would be a good choice for this activity. Provide paper and pencil to each
- ▼ member of the group. As the presenters make a mistake (boo-boo), the members should jot it
- ▼ down. At the speech's conclusion, members should share the mistakes they observed or
- ▼ heard. Discuss ways to "repair" each mistake.

Activity Two · Key Word Magic

- ▼ Reducing a fully written speech down to a few key words will make the speaker seem more
- organized and prepared. The audience will enjoy the speaker's eye contact and other nonver-
- bal communication. Use a phrase from a talk.Discuss how that phrase could be broken down
- into a few key words that could trigger the full set of information from the speaker's memory.

Example

- Phrase—Bake the cookies for 12 minutes, or until lightly browned, in a 350-degree oven.
- Key Words—Bake + 12 min. + 350

 or just the word "BAKE" if the rest of the information is firmly in mind
- ▼ Using the two sample phrases here (or others you make up), ask the members to develop key
- words that could be used on a note card.
- Vehicular accidents are the No. 1 killer of youth 16 to 20 years of age.
 - To construct wooden book ends, you need to measure and cut the wood, sand rough edges with the grain, assemble the pieces, and finish the wood with stain or paint.
- Practice several phrases to develop key words.
 A speaker should use as few note cards as possible in giving a speech. Reducing a talk to key
- words helps use a minimum number of note cards.

Thinking It Through

Good speakers find ways to keep their audience's interest and still get their point across. Putting the eight Tools for Public Speaking together in an organized and efficient manner will be the makings of a great speech and, of course, a great speaker. A very important part of any speech is practice—doing it—and then evaluating the speech. The latter is important if the speaker wishes to improve his or her skills for the future. Lastly, never stop working at your public-speaking skills. The only way to go is up and to "make the best better." 4-H public speaking is a tremendous stepping stone to the future. Take advantage of the opportunity!

Optional

Use the Public Speaking Evaluation Form as a supplemental sheet for Tool 9 in this leader guide. A leader could use the form to evaluate

- a 4-H'er who is practicing for a county contest. Or the form can be used as a self-evalua-
- ▼ tion by the 4-H member.

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Public Speaking Evaluation Form

Presentation Elements	Excellent	Very Good	Good	Needs Improvemen
Assessment Goals, past experiences used, confidence				
Knowledge Topic of value and interest, adequate information				
Appropriateness To audience and location				
Creativity Title, speaking style, and delivery methods				
Speech Development Organization: Introduction, body, and summary/clos	sing			
Delivery Voice: pitch, volume, and speed Eye contact Posture and poise Hand gestures and facial expressions Energy and enthusiasm				
Appearance Grooming, appropriate dress				
Support Materials Posters: Neat, color contrast, readable Equipment: Orderly and ready to use Work space: Organized, avoids clutter				
Presentation Effective use of note cards Correct grammar, pronunciation, and word selection Flow of speech, transitions	n			
Comments				

I pledge

My Head to clearer thinking,
My Heart to greater loyalty,
My Hands to larger service, and
My Health to better living, for
My Club, My Community,
My Country, and My World.



